



# Child's Dream Foundation

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Thailand

A non-profit organisation  
supporting children in need  
in the Mekong Sub-Region

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## Important hints before your arrival in Thailand

- Vaccinations:** We recommend getting in touch with a vaccination centre in your home country before arrival. Hepatitis A and B is strongly advised, whereas Malaria prophylaxis and others depend on your own risk tolerance. Bring your vaccination-certificate with you.
- Medication:** Please bring your medication from home if you require anything specific. You will be able to buy almost anything in Thailand but the brand might be different.
- Insurance:** Make sure that you are covered internationally by your current health insurance. A travel insurance is highly recommended. Thailand is a safe country with a very low crime rate. It is up to you whether you want to get coverage for lost or stolen items. Child's Dream is not liable if anything happens to you during your assignment, so please make sure you cover all eventualities before arrival.
- Money:** Bring a small amount in Thai Baht in cash (currently approx. 1 US\$ = approx. 34 Baht; July 2008). There are ATM machines everywhere in Thailand. All major foreign ATM cards are accepted (Maestro, Plus etc.). You can also open a bank account and transfer money from your overseas account.
- Visa:** Volunteers are requested to get in touch with the Thai Embassy/Consulate in their country of residence in order to apply for a 'Non-Immigrant' visa. This visa will allow you to stay in Thailand for an extended period of time (normally three months, sometimes one year). Once in Thailand there are very straightforward procedures to prolong your stay if necessary. Please let us know what documents the Embassy/Consulate requires since this is different from country to country. We will then issue the necessary confirmation letters and send you a copy of our operating license, proving our status as a Thai Foundation.
- Passport:** Entry into Thailand requires a passport valid for at least six months from the date of arrival.
- Driver's license:** An international driving permit or a driver's license valid in ASEAN countries is necessary for anybody who intends to drive a motorized vehicle (e.g. car motor cycle etc.).
- Copies:** All important documents (passport data page, visa page, credit cards, travel insurance policy, driving license, etc.) should be photocopied before you leave home.

For more details please visit [www.lonelyplanet.com/worldguide/thailand](http://www.lonelyplanet.com/worldguide/thailand)

**Note:** Thailand is a developed country, so you can buy anything you might forget at home. As a general rule, it's best to be equipped like a back packer.

Chiang Mai, 16<sup>th</sup> March 2010

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